

BOARD OF DIRECTORS

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AWARDS

2024: Program of Distinction by Generations
United Award for Tutoring Program

2023:

- CSO50 Award Winner for AI Edge Security and Thought Leadership
- Simona Valanciute selected one of the Most Influential People in San Diego, San Diego Business Journal

2022: SD500: Simona Valanciute selected as one of the Most Influential People in San Diego

2022: Generations United's Program of Merit

2020: Public Health Champion award by the County of San Diego's Covid19 Leadership

2019: Impact Awards: North San Diego Business Chamber | Escondido Chamber

2018: NBC Universal Project Innovation Award for Technology Efforts with Older Adults

2017: Program of Distinction by Generations United Award for Tutoring Program



ABOUT SAN DIEGO OASIS

Our mission is to promote healthy aging through a three-fold approach: lifelong learning, healthy living and intergenerational community service.

- Membership: Free
- Class Fees: Free - \$25 per class

CLASS CATEGORIES

Arts & Crafts | Business, Financial & Legal
Exercise & Dance | Health & Wellness
History & Humanities | Language & Literature
Personal Enrichment | Science
Technology | Theatre, Film & Music | Travel

STAY IN TOUCH | SOCIAL MEDIA

Visit our website (SanDiegoOasis.org) to sign up for our weekly emails and stay up to date on all things Oasis! You can also follow us on social media:

- facebook.com/sandiegooasis
- youtube.com/user/SanDiegoOasis
- linkedin.com/company/san-diego-oasis

TWO LOCATIONS TO SERVE YOU

EAST COUNTY

5500 Grossmont Center Drive, #269
La Mesa, CA 91942 | (619) 881-6262

NORTH COUNTY

17170 Bernardo Center Drive
San Diego, CA 92128 | (858) 240-2880

CONTACT US

Info@SanDiegoOasis.org | SanDiegoOasis.org

SUPPORT OASIS

To make a tax-deductible donation or learn about the many ways to give, visit our website and click on the Donate button or contact Meagan McKissick, Vice President of Philanthropy, at (858) 240-2880 or Meagan@SanDiegoOasis.org.



Connecting the 50+ Community
in San Diego County



Engaging Socially
& Intellectually



Staying Physically
Fit & Active



Investing in At-
Risk Students



Empowering
Seniors in Need



SAN DIEGO OASIS: POSITIVE & WIDE-REACHING IMPACT

LIFELONG LEARNING

As we age, maintaining a healthy mind is equally as important as maintaining a healthy body. San Diego Oasis works diligently to ensure that adults age 50+ have ample opportunities to pursue both – through vibrant, productive and meaningful activity that stimulates their brain, prevents social isolation, and builds community with members who have similar interests. With over 4,500 classes a year to choose from, we offer classes in three formats: in-person, hybrid, and online, as well as in many of our local libraries.

HEALTH & WELLNESS

Our mission is equally focused on changing the way people experience aging. Staying healthy and fit is crucial to that goal, as it helps prevent or delay diseases such as heart disease, diabetes, or osteoporosis, while also building strength, flexibility, balance, and preventing falls. We bring our members a wide variety of fun, focused classes that help them remain healthy, fit, active and independent for as long as possible.

COMMUNITY SERVICE

• Intergenerational Tutoring Program

Our Tutoring Program impacts at-risk, low-income elementary students by pairing one older adult tutor with a student who meet once a week for one hour – the same team for the entire school year – providing a steady, positive influence. Oasis also provides free books to at-risk students. To become a tutor or donor, please contact Michelle Irby, Intergenerational Tutor Program Manager, at Michelle@SanDiegoOasis.org.

• Bridging the Digital Divide Program

Through our Digital Divide Program, we identify seniors in need who don't have access to technology, are isolated, or who aren't tech-savvy. We provide a free tablet, internet, training, and free classes to learn how to engage through technology. The Digital Divide Program is only available through qualifying partnerships. If you are interested in supporting this important program, please contact David Beevers, Manager of Technology Training and Program Operations, at David@SanDiegoOasis.org.

• Volunteering

The knowledge and skills our volunteers bring to Oasis are invaluable and the benefits are mutual. Volunteers have meaningful experiences when they donate their time and talents to help the staff, instructors, and serve our members. Whether on a regular basis or as-needed, we have a variety of opportunities from which to choose. To learn more, contact Kris Anelli, Office & Volunteer Director, at Kris@SanDiegoOasis.org (East County) or Danny Beers, Office & Volunteer Manager, at Danny@SanDiegoOasis.org (North County)

OUR IMPACT

- 58,900** Members Engaged
- 12,000** Volunteer Hours Donated Annually
- 4,500** Classes and Activities Each Year
- 1,000** Tutors, Mentors, and Volunteers
- 1,250** Tablets to Seniors in Need
- 200** Active Instructors
- 37** Years of Advocating for Healthy Aging