Waiver Of Liability All Participants Must Sign

I release and discharge San Diego Oasis and all other sponsors, supporters and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by San Diego Oasis including but not limited to: educational, cultural, volunteer, physical fitness related programs and travel in any form.

I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that the San Diego Oasis mailing list may be used by San Diego Oasis sponsors for educational mailings. I understand that participants in San Diego Oasis programs are expected to conduct themselves in a courteous manner, respecting the rights of all other participants, volunteers and staff.

Signature: _____

Date: / ____ / ____

