



# 2021 GET CONNECTED: TECHNOLOGY FAIR FOR ADULTS 50+

**Irwin Jacobs,  
Founding Chairman  
and CEO Emeritus,  
Qualcomm**



**Day 1  
Opening Speaker**

**Martin Cooper,  
"Father of the  
Cell Phone"**



**Day 2  
Opening Speaker**



**THURSDAY - SATURDAY | NOVEMBER 4 - 6**

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**All times listed are Pacific Time (PT)**

**Schedule subject to change**



**Welcome to the 9th annual Get Connected: Technology Fair for 50+,** a three-day virtual event packed with tools, tips and learning to improve the lives of older adults everywhere.

Endorsed by experts and companies that work in the technology industry, we are confident that you will come away with new ideas to apply to the technology you use every day. Learn how to protect yourself from cyberfraud and scams, understand Fact Trackers, learn about Apple vs Google, Streaming, Wearables, Caregiving, Smart Homes, Music Apps, and better understand the vast array of technologies that will make your life easier.

You can also receive assistance on Day 3 through our *Ask The Experts* program, a group of qualified volunteers who will answer your personal tech questions. You can sign up for your free 20-minute session on the website.

Thanks to our amazing sponsors, we are proud to be able to offer this virtual event free of charge. They have also made it possible for us to offer a free opportunity drawing at the end of each day - randomly selected virtual attendees will receive exciting technology giveaway items.

We are truly grateful for everyone who has contributed to make this the best Technology Fair ever. Don't miss out on the fun. Join us and Get Connected!



*Simona Valanciute*

Simona Valanciute  
President & CEO  
San Diego Oasis



*Kimberly Gallo*

Kimberly Gallo, Director,  
Aging & Independence Services,  
County of San Diego HHSA



P.S. San Diego Oasis is excited about its continuing partnership with Cox Communications, and even more excited to announce the launch of a new space in the Lifelong Learning Center, called the Cox Tech Tank. Look for more exciting news about this new offering coming soon!



### **WELCOME | 8:45 – 9:00 AM PT**

Simona Valanciute | President & CEO, San Diego Oasis

**OPENING SPEAKER | Irwin Jacobs | Founding Chairman and CEO Emeritus, Qualcomm**

## 1

### **SESSION 1 | 9:00 – 9:30 AM PT**

#### **Streaming Services: Learn to Swim, Not Sink!**

**Mary Burns, San Diego Community College District**

Netflix, Disney+, Prime, Hulu, and more. You have likely heard these names, but what are they, and how do you get them onto your TV? Understand the different ways you can get streaming content onto your TV, the basic requirements of your Internet service, devices which will enable your streaming experience. Let your Internet work for you to provide a better selection of movies and shows.

### **STRETCH BREAK | SPONSOR SPOTLIGHTS | 9:30 - 9:35 AM PT**

**Elinor Smith, Group Exercise Instructor & Certified Personal Trainer**

## 2

### **SESSION 2 | 9:35 – 10:05 AM PT**

#### **Elder Scams and Fraud**

**Detective Sergeant Bryan Dempsey, San Diego Police Department, Elder Abuse Unit**

Anyone can fall prey to a scammer online. Join Det. Sgt. Bryan Dempsey from the San Diego Police Department's Elder Abuse Unit to listen to stories of the most common scams victimizing older adults and how you can protect yourself.

### **STRETCH BREAK | SPONSOR SPOTLIGHTS | 10:05 - 10:10 AM PT**

**Russell Rowe, MS, Exercise Physiology**

## 3

### **SESSION 3 | 10:10 – 10:40 AM PT**

#### **Scams and How to Protect Your Finances**

**Marc Bancroft, SDCCU**

Join SDCCU® for an informative online session covering common scams and how to identify them. This session will also discuss tips to help keep you safe from fraud and share resources and tools to use if you or someone you know has been targeted or a victim.

### **STRETCH BREAK | SPONSOR SPOTLIGHTS | 10:40 - 10:45 AM PT**

**Ed Griffith, Verlosity**

## 4

### **SESSION 4 | 10:45 – 11:15 AM PT**

#### **The Intersection of Caregiving, Social Isolation, and Technology: What Does it Mean for You and Me?**

**Kie Copenhaver, Aging Well Partners**

We talk a lot about the aging adult with respect to technology and social isolation; but has anyone thought to include the primary caregiver in this conversation? In this session, we will look at the potential role technology can play in combatting social isolation for both caregiver and care receiver.

### **STRETCH BREAK | SPONSOR SPOTLIGHTS | 11:15 - 11:20 AM PT**

**Pat Griffith, Sifu**



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## SESSION 5 | 11:20 – 11:50 AM PT

### A Practical Guide to Cybersecurity and Online Safety

**Tony Anscombe, ESET**

Today's digital world can prove to be a minefield of scams, viruses, and many other threats that can lead to identity theft, loss of money, privacy infringements and such like. The presentation will look at some of the practical steps that can be taken to protect yourself and family in today's digital world.

## LUNCH BREAK | SPONSOR SPOTLIGHTS | 11:50 AM - 12:10 PM PT

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## SESSION 6 | 12:10 – 12:40 PM PT

### AARP Fact Tracker: Sorting Fact from Fiction

**Tiffany Zhang, AARP**

Do you believe everything you see online? There are plenty of sensationalized headlines, misleading stories and even complete falsehoods circulating on the Internet, making it hard for even the most discerning reader to sort fact from fiction. The AARP Fact Tracker workshop will equip you with valuable tools and resources to help you stay safe online and protect yourself and your loved ones. You will gain a better understanding of why misinformation exists, how it spreads, and how to verify information for yourself.

## STRETCH BREAK | SPONSOR SPOTLIGHTS | 12:40 - 12:45 PM PT

**Elinor Smith, Group Exercise Instructor & Certified Personal Trainer**

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## SESSION 7 | 12:45 – 1:10 PM PT

### Crypto-Currency 101

**Marty Kausas, Co-Founder & CEO, MySafetyCall.com**

Bitcoin and other cryptocurrencies have become a significant part of the financial landscape. Bitcoin isn't just another fad or popular opinion - it's happening from Ethereum to Dogecoin (don't worry, you don't need to know what they are). Let's get your information straight with this Introduction to Cryptocurrencies Tech Talk. You'll learn what cryptocurrency is, how it works, why it matters in finance today, and where it is going next. Oh, and it is becoming a philanthropic tool, too.

## STRETCH BREAK | SPONSOR SPOTLIGHTS | 1:10 - 1:15 PM PT

**Russell Rowe, MS, Exercise Physiology**

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## SESSION 8 | 1:15 – 1:45 PM PT

### The Wearables Revolution: Get Fit. Stay Well. Enjoy Life.

**Pankaj Kedia, Qualcomm Technologies**

We have witnessed unprecedented advancements in technology over the last 25 years and have experienced enormous changes in how we work, play, share, and live. The wearables segment has evolved over the last few years and is positioned to undergo significant changes over the next decade. In this presentation, Pankaj Kedia, who founded the wearables business at Qualcomm and continues to lead it, will share his perspectives on how far we have come and the exciting road ahead. Amongst other aspects, Pankaj will describe the enormous potential that wearables hold in the fitness and wellness spaces specifically targeted at the San Diego Oasis audience.

## GIVE-AWAY, WRAP-UP, DAY 2 PREVIEW | 1:45 PM PT

**Kimberly Gallo, Director, Aging & Independence Services, County of San Diego HHSA**  
**Simona Valanciute, President & CEO | San Diego Oasis**

### **WELCOME | 8:45 – 9:00 AM PT**

Simona Valanciute, President & CEO, San Diego Oasis

**OPENING SPEAKER | Martin Cooper, “Father of the Cell Phone”**

## 1

### **SESSION 1 | 9:00 – 9:30 AM PT**

#### **Apple vs. Google: Putting Your Tech-Eggs in One Basket?**

Jacki Montierth, Founder, wiseboomer.com

For many consumers, purchasing a new smartphone, tablet, or computer is a big decision, and can possibly feel overwhelming when weighing brands, models, and price. Having a better understanding of the product universe you are purchasing into as a whole will help simplify your future buying decisions, and make you feel confident as you take new steps in using technology.

### **STRETCH BREAK | SPONSOR SPOTLIGHTS | 9:30 - 9:35 AM PT**

Ed Griffith, Verlosity

## 2

### **SESSION 2 | 9:35 – 10:05 AM PT**

#### **Leveraging Technology for Happier and Healthier Aging**

Michael Ingram, Intuition Robotics

What if growing older could feel more like more of an adventure? Join Michael Ingram as he discusses how technology like ElliQ, a voice-operated, personal care companion, can help older adults lead healthier, happier lives at home.

### **STRETCH BREAK | SPONSOR SPOTLIGHTS | 10:05 - 10:10 AM PT**

Pat Griffith, Sifu

## 3

### **SESSION 3 | 10:10 – 10:40 AM PT**

#### **Tech for Good: Freedom through Technology**

Teresa Valenzuela, Futures Foundation

Teresa Valenzuela, from the San Diego Futures Foundation, will take you on a personal journey of how technology has changed her life and the lives of many other older adults. You will learn easy steps you can take to incorporate new technology into your life, as well as how technology and reentry into the workforce is available to just about everyone, including those with low vision.

### **STRETCH BREAK | SPONSOR SPOTLIGHTS | 10:40 - 10:45 AM PT**

Elinor Smith, Group Exercise Instructor & Certified Personal Trainer

## 4

### **SESSION 4 | 10:45 – 11:15 AM PT**

#### **Quality Care and Convenience:**

#### **How to Get the Most Out of Your Telemedicine Visit**

Dr. Abisola Olulade, Family Medicine Physician, Sharp Rees-Stealy Medical Group

Dr. Abisola Olulade will discuss the benefits of telemedicine visits, provide tips on how to get the most out of a video or phone visit and review conditions that are most suited for these convenient visits.

## **STRETCH BREAK | SPONSOR SPOTLIGHTS | 11:15 - 11:20 AM PT**

Russell Rowe, MS, Exercise Physiology

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## **SESSION 5 | 11:20 – 11:50 AM PT**

### **Staying Safe Online in a Virtual World**

**Alison Jacobson, Cox Communications**

From Zoom and Facetime to online shopping and banking, the pandemic and social distancing forced us to live a more virtual life to stay in touch with family and friends, shop for groceries and even attend doctor's appointments. Midlife Maven Alison Jacobson, a nationally recognized family safety expert and coach for women in their midlife, will offer tips on how to safely navigate being online and identify potential online threats.

## **LUNCH BREAK | SPONSOR SPOTLIGHTS | 11:50 AM - 12:10 PM PT**

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## **SESSION 6 | 12:10 – 12:40 PM PT**

### **Music Made Easy:**

### **Technology Puts Your Favorite Tunes At Your Fingertips**

**Mary Burns, San Diego Community College District**

Gone are the days of driving to a record or CD store to buy the latest album from your favorite artists. Learn to use apps like Spotify, Pandora, Apple Music, and other music streaming services to give you instant access to your favorite songs and albums from any decade.

## **STRETCH BREAK | SPONSOR SPOTLIGHTS | 12:40 - 12:45 PM PT**

Ed Griffith, Verlosity

7

## **SESSION 7 | 12:45 – 1:15 PM PT**

### **Exercise Your Brain: Strengthen Your Memory Muscles with Technology**

**Debbie Flores, Instructor, Emeritus Program, San Diego College of Continuing Education**

You have heard of the benefits of physical exercise, but did you know that you can also exercise your brain to keep it fit? In this session, you will learn about brain training programs, why they are beneficial, and how to choose a program that is best for you. With the right technology tools, your brain can be in tip-top shape before you know it!

## **STRETCH BREAK | SPONSOR SPOTLIGHTS | 1:15 - 1:20 PM PT**

Pat Griffith, Sifu

8

## **SESSION 8 | 1:20 – 1:50 PM PT**

### **Helpful Technology How-To's**

**Justin Noye, Retail Sales Manager**

Join Justin Noye for an informative "How-To" technology session, including such topics as how to connect to WIFI from your device, how to connect to Bluetooth, how to perform software updates, and how to stream with HBO MAX. Come away empowered with new insights into how to make your tech life easier.

## **GIVE-AWAY, WRAP-UP, ASK THE EXPERTS PREVIEW | 1:50 PM PT**

**Simona Valanciute, President & CEO | San Diego Oasis**



## **Ask The Experts | Post-Event Assistance**

### **Ask the Expert Individual Tech Consultations**

Do you have questions about your Smartphone, Tablet, or Computer? Spend 20 minutes in person at our Grossmont Lifelong Learning Center with a Tech Volunteer who will help answer those questions for you. Sign up for your free session on the website.

San Diego Oasis is located in Grossmont Center near Walmart. The Lifelong Learning Center, suite 325, is next to Cost Plus World Market and across from Barnes and Noble. Please call (619) 881-6262 if you need further help with directions.



## **Tony Anscombe | ESET**



Tony Anscombe is the Chief Security Evangelist for ESET. With over 20 years of security industry experience, Anscombe is an established author, blogger and speaker on the current threat landscape, security technologies and products, data protection, privacy and trust, and Internet safety. His speaking portfolio includes industry conferences RSA, Black Hat, VB, CTIA, MEF, Gartner Risk and Security Summit and the Child Internet Safety Summit (CIS).

Tony is regularly quoted in cybersecurity, technology and business media, including BBC, Dark Reading, the Guardian, the New York Times and USA Today, with broadcast appearances on Bloomberg, BBC, CTV, KRON, NBC and CBS. Anscombe is a board member of NCSA and has previously served on the board of MEF and FOSI and held an executive position with AMTSO.

## **Marc Bancroft | Business Development Officer, San Diego County Credit Union**



Marc Bancroft is a Business Development Officer for San Diego County Credit Union, one of California's largest locally owned financial institution. Bancroft joined SDCCU in 2017 bringing over 25 years of financial service experience.

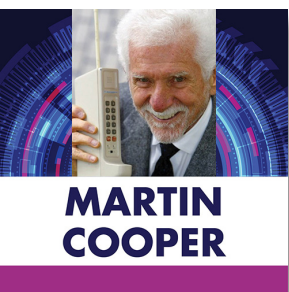
Marc is currently responsible for developing and managing the credit union's relationships with its partners to elevate awareness of SDCCU. In addition to partnering with local HR leaders, Bancroft takes great pride in bettering the financial health of the Community and Public Relations from Cal State University of Fullerton.

## **Mary Burns | San Diego Continuing Education**



Mary is an instructor for San Diego Community College as well as San Diego Oasis. Her specialty is technology, having been creating curriculum since 2008 to help older adults adjust to the changes that technology has made to their daily lives. She has expertise in a number of technology related areas, from smartphones and tablets, to computers, to websites and the Internet, and much more. Unique classes have included fake news, conspiracy theories and a class on your digital afterlife. She also teaches classes in Brain Fitness and Rediscovering San Diego. When someone is frustrated by a new technology, she might insist to them that the challenge is good for the brain. She holds two master's degrees, one in Exercise Science and the other in Educational Technology. She is a lifetime runner, having completed over 125 marathons. Currently, her running is slower but more restful. She lives with her husband Kim and enjoys the daily walk with the dogs and caring for her gardens.

## **Martin Cooper | "Father of the Cell Phone"**



San Diego, CA...Martin Cooper is an engineer, inventor, entrepreneur, and futurist. He is known as the "father of the cell phone." He led the creation of the world's first cell phone while he was at Motorola—and made the first public call on it. Over nearly three decades at Motorola, Cooper contributed to the development of pagers, two-way radio dispatch systems, quartz crystal manufacture, and more.

A serial entrepreneur, he and his wife, Arlene Harris, have cofounded numerous wireless technology companies. This includes Cellular Business Systems, SOS Wireless Communications, GreatCall, and ArrayComm. Cooper is currently chairman of Dyna LLC and

# Speaker Profiles

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## **Martin Cooper,** *Continued*

a member of the FCC's Technological Advisory Council. He was the first to observe the Law of Spectrum Capacity, which became known as Cooper's Law.

In 2013, Cooper became a member of the National Academy of Engineering from whom he received the Charles Stark Draper Prize for Engineering. He was awarded the Marconi Prize "for being a wireless visionary who reshaped the concept of mobile communication." He has been inducted into the Consumer Electronics Hall of Fame and Wireless History Foundation's Wireless Hall of Fame. The Radio Club of America awarded him a Lifetime Achievement Award in 2010. He is a lifetime member of the IEEE, was president of its Vehicular Technology Society and received its Centennial Medal. In 2007, Time magazine named him one of the "100 Best Inventors in History." He is a Prince of Asturias Laureate.

Cooper grew up in Chicago, the son of Ukrainian immigrants. He attended Crane Technical High School and the Illinois Institute of Technology, where he is a Life Trustee. He served in the US Navy as a submarine officer during the Korean Conflict. His book, *CUTTING THE CORD: The Cell Phone Has Transformed HUMANITY* was published early this year.

## **Kie Copenhaver | MA, RHIA, RCFE, Certified Senior Advisor, Aging Well Partners**



Kie Copenhaver has spent over 30 years working with the aging population and has committed her life's work to ensuring that older adults get the services they need and the respect and advocacy they deserve. After earning her master's degree in Gerontology from the University of Montana, she began her career in healthcare. She has worked in numerous healthcare settings and done everything from janitorial to direct patient care and consulting to co-owning and operating a senior placement agency. Throughout her career, Kie has earned many healthcare-related credentials, demonstrating her mastery and commitment to the aging population.

Kie is a Registered Health Information Administrator, a Certified Senior Advisor, a Senior Home Safety Specialist and a licensed Residential Care Facility for the Elderly Administrator in the state of California. She is currently a CA licensed Health Insurance agent and is working on becoming a Medicare enrollment specialist. While times have changed, years have passed, and technology has taken the place of an in-person conversation and handshake, Kie lives by the "one size fits one" approach, first listening to understand then taking action to achieve each client's goals.

## **Detective Sergeant Bryan Dempsey | San Diego Police Department, Elder Abuse Unit**



Detective Sergeant Bryan Dempsey has been with the San Diego Police Department for 16 years, having completed service in the Army as an Intelligence Analyst. His extensive public safety background has included work as a Patrol Sergeant throughout San Diego, Detective positions in the Narcotics, Juvenile, and Auto Theft Units, and Detective Sergeant positions in the Juvenile and Elder Abuse Units, in addition to Area Stations. Det. Sgt. Dempsey currently works in the Elder and Dependent Adult Abuse Unit, protecting older and dependent adults from neglect, financial crimes, and mental and physical suffering.

## **Debbie Flores | Emeritus Program, San Diego College of Continuing Education**



**DEBBIE  
FLORES**

Debbie Emery-Flores graduated from San Diego State University with a Master of Science degree in Rehabilitation Counseling. She has a Bachelor of Arts degree in Gerontology, and an Associate of Arts degree in Psychology.

Debbie has worked for the San Diego Community College District since 2013 and has taught Brain Fitness in the Emeritus program for older adults since 2016. Debbie is a native San Diegan and loves to learn, spend time in nature, play the piano and organ, volunteer, and spend time with her husband, Juan.

## **Kim Gallo | Aging & Independence Services, County of San Diego HHSA**



**KIM  
GALLO**

Kim Gallo is the Director of Aging & Independence Services, a division of the County of San Diego Health and Human Services Agency (HHSA). Kim has worked for the County since 1999 in various roles, including as the Executive Director of First 5 San Diego, HHSA's Group HR Director, and the Director of Regional Operations for the HHSA East/North Central Regions. Under her leadership, the County expanded the annual Grandparents Raising Grandchildren Symposium, launched Summer Night Lights in Spring Valley in partnership with the County Parks and Recreation and Probation Departments, and piloted a program with Las Colinas and Child Welfare Services to prepare incarcerated mothers for reentry into society.

Since joining Aging & Independence Services, Kim has led the development and implementation of the County's Aging Roadmap, a comprehensive plan to support the needs and celebrate the contributions of our region's growing aging population. Kim has a passion for serving seniors, disabled adults, and vulnerable populations. She is graduate of San Diego State University, holding a bachelor's degree in Public Administration.

## **Michael Ingram | Intuition Robotics**



**MICHAEL  
INGRAM**

Michael Ingram, as a Direct Marketing Specialist for Intuition Robotics, has worked directly with hundreds of older adults to understand their challenges and share the ways that ElliQ can help them live happier, healthier lives at home.

Michael has presented to countless senior living and senior care organizations, and has a passion for being in the field and working closely with older adults. He enjoys listening to life stories, fostering relationships, and sharing how technology can empower independence at home.

# Speaker Profiles

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## Irwin Jacobs | Founding Chairman & CEO Emeritus, Qualcomm



**IRWIN  
JACOBS**

Dr. Jacobs received his B.S. in electrical engineering from Cornell University in 1956 and his S.M. and Sc.D. degrees in Electrical Engineering from MIT in 1957 and 1959. He was a faculty member at MIT and UC San Diego.

In 1968, Jacobs co-founded Linkabit Corporation. Among the industry-first products developed and manufactured by Linkabit were the dual-modem satellite terminal for the Air Force, the VideoCipher encrypted satellite-to-home TV system, and the very-small-aperture satellite terminal (VSAT) business communication system. He sold Linkabit to M/A-Com in 1980, remaining as board member and executive vice-president until April 1985.

With six others from Linkabit, he co-founded Qualcomm in July 1985, serving as Chairman and CEO until retiring as CEO in 2005 and Chairman in 2008. Under his leadership, Qualcomm pioneered CDMA technology for the cellular industry.

Jacobs is a member and past chairman of the National Academy of Engineering, a member of the American Academy of Arts and Sciences, the American Philosophical Society, the National Inventors Hall of Fame, and a Fellow of the IEEE, American Association for the Advancement of Science, and the Computer History Museum. From 2006 to 2016, he was Board Chair of the Salk Institute for Biological Studies and for 17 years served on the Advisory Board of the School of Economics and Management at Tsinghua University in Beijing.

Jacobs has received many awards and honors, including the National Medal of Technology (1994), the James Clerk Maxwell Award, the IEEE Alexander Graham Bell Medal Award, the Dorothy I. Height Chair's Award, of the Leadership Council on Civil Rights, the Franklin Institute Bower Award for Business Leadership, the Marconi Prize, the IEEE Medal of Honor, the Carnegie Medal of Philanthropy with his wife Joan, and the IMEC Lifetime of Innovation Award. He is the recipient of 10 honorary doctorates.

Dr. Jacobs and his wife Joan are active philanthropists and early signers of the Giving Pledge.

## Alison Jacobson | Spokesperson, Cox Communications



**ALISON  
JACOBSON**

Corporate spokesperson, blogger and speaker, Alison Jacobson has dedicated her life to educating parents about issues that affect not only themselves, but everyone in their family. Alison is the mom of four children, step-mom to another four and care giver for her husband with Multiple Sclerosis and son with intellectual disabilities. Alison also understands personal tragedy. In 1997 she lost her first son to Sudden Infant Death Syndrome. It was from this tragedy that she developed her passion as a family safety and wellness advocate. Her ability to connect with people in a down-to-earth, uplifting and engaging manner while providing important information has made Alison a popular guest on many national television shows including CNN, Fox & Friends and Good Morning America.



## **Alison Jacobson, Continued**

Through her appearances, blog and articles, she reaches millions of parents every month with advice on how to raise self-confident kids in a healthy, happy and safe environment. Alison's tackles some of the most serious issues facing parents including the leading causes of accidents such as drowning, falls and topple over accidents, SIDS risk reduction, cyberbullying and home safety. She is also a sought-after speaker. Her topics include managing family chaos and raising successful, emotionally intelligent kids. Over the years Alison has worked as a spokesperson for some of the world's leading brands including COX Communications, Toyota, Coca-Cola, AT&T, Johnson & Johnson, Unilever, Proctor & Gamble and Sylvania. Alison resides in Connecticut with her husband and her "safety kids."

## **Marty Kausas | Co-Founder & CEO, MySafetyCall.com**



Marty Kausas is a software engineer and entrepreneur. He's worked at tech giants in Silicon Valley, including Airbnb, Yelp, Kleiner Perkins, San Diego-based Qualcomm, and a cryptocurrency startup in Singapore. He was Co-founder & CEO of Onima Health, which developed remote patient monitoring systems for Parkinson's Disease.

Currently, Marty is Co-founder & CEO of MySafetyCall.com, a software company that enables organizations to offer their seniors daily automated checkup calls. These services are often named "Telephone Reassurance," "Are you ok?" or "Care Call" programs.

Marty got his B.S. in Computer Science from Purdue University. He is a San Diego native who enjoys surfing across the different breaks in California.

## **Pankaj Kedia | Qualcomm Technologies**



Pankaj Kedia is a renowned intrapreneur and innovator in the tech industry and has had a front row seat in the evolution of the mobile space over the last 25 years. Currently at Qualcomm Technologies, Pankaj leads the wearables, audio, and ecosystem businesses with global P&L responsibility. He incubated the wearables segment for Qualcomm and has grown it into the leading player in the industry having shipped 250+ products in 100+ countries with 75+ brands over the last 5 years. Previously at Intel, Pankaj led its forays in the laptops, tablets, handhelds, and smartphone segments, managing strategy, business development, product planning, ecosystem programs, go-to-market, and customer support. Pankaj started his career in the management and technology consulting space and advised multiple Fortune 100 clients on strategic and operational issues.

Pankaj is a prolific angel investor in the mobile/5G, wireless, IOT/wearables, consumer Internet, cloud, and AI sectors and has invested in more than 40 early stage and series A start-ups over the last few years. He brings keen strategic insights, proven track record in scaling businesses, and a robust network of customers and ecosystem partners to his portfolio companies and serves as a board member, advisor and mentor to management teams. Pankaj is widely recognized as a thought leader in the tech space, spoken at multiple industry events, and appeared in mainstream and tech publications. He holds the early defining patent on low power for mobile devices and computers. Pankaj has an MBA from The Wharton School, an MS from the University of Michigan, and a BE from the Indian Institute of Technology in Roorkee.

# Speaker Profiles

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## **Jacki Montierth | Founder, Wiseboomer.com**

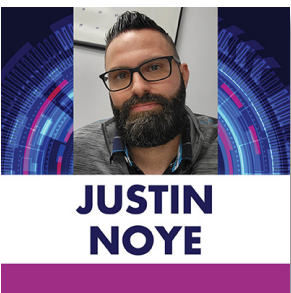


Jacki Montierth currently teaches many technology classes at the Life Long Learning Center, including the popular Conquering iPhone and iPad classes. She developed these after creating Wiseboomer.com, a place for Baby Boomers and older generations to find the help they need to keep up with technology. Jacki joined the Oasis instructional staff after retiring as a teacher and program coordinator in the Sweetwater High school District and as a Lecturer in the Teacher Education and Educational Technology Departments at San Diego State University.

Since retiring, Jacki and her husband have traveled through-out the world. When not traveling, she spends a great deal of time focused on helping others adapt to a technological world. She passionately believes that the older generations can, and must, keep up with innovative technology to simplify and secure their lives for the future. She believes, that with a little guidance and encouragement, each and every one of us, can (and must) be prepared for the many future innovative technological devices that will surround us in the coming years.

Jacki holds a Master's Degree in Educational Technology and Instructional Design as well as multiple teaching credentials in mathematics, social sciences and computer education.

## **Justin Noye | Retail Sales Manager, AT&T**



Justin Noye has been with AT&T for 7 years. He has held multiple leadership roles, where he has mastered his knowledge and communication skills. Justin has a passion and dedication for putting their customers first, and going the extra mile to take care of their needs.

## **Dr. Abisola Olulade | Sharp Rees-Stealy Medical Group**



Dr. Abisola Olulade is a board-certified family medicine physician with Sharp Rees-Stealy Medical Group. She decided to become a physician so that she can provide compassionate and quality care that is accessible to patients. She received her medical degree from Wake Forest University and did her internship and residency at the Carolinas Medical Center.

Dr. Olulade has served as the main media spokesperson for Sharp Rees-Stealy during the COVID pandemic. In her spare time she enjoys reading, playing sports and spending time with family.

## Tiffany Zhang | Program Specialist, AARP



**TIFFANY  
ZHANG**

Tiffany Zhang joined the AARP CA team in November 2020 and serves as the Program Specialist in San Diego. She manages the operations at the AARP Information Center, leads the community events and education teams, and manages the metro area volunteers to strengthen local multicultural and member engagement. Tiffany also serves as the staff liaison to the California Executive Council, which is a team of leadership volunteers who help advise and carry out AARP's vision, mission, and strategic priorities.

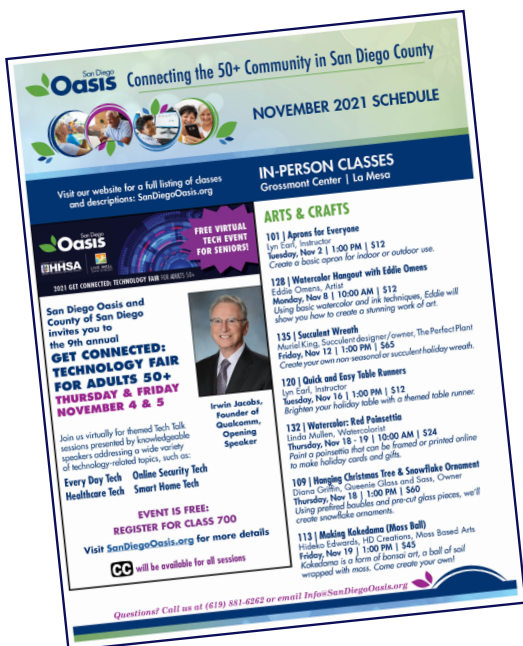
Tiffany has previous experience working in the community as a Grant Writer for a community health center, a volunteer coordinator for a local nonprofit, and a health educator for cardiac health and immunization clinics. She was also a former AARP Community Intern who supported AARP's strategic priorities, the San Diego volunteer team, and helped advance our age-friendly work in San Diego County. Tiffany earned a BA in Behavioral Neuroscience with honors, and minors in Communication Studies and Leadership Studies at the University of San Diego. She is currently completing coursework for a Master's in Public Health with an emphasis in Health Management and Policy at San Diego State University.

## November & December Classes at Oasis

**Join San Diego Oasis at one of its many upcoming classes this month! San Diego Oasis offers classes in a wide variety of categories, including:**

Arts & Crafts  
Business, Financial & Legal  
Exercise & Dance  
Health & Wellness  
History & Humanities  
Language  
Literature  
Personal Enrichment  
Science  
Technology  
Theatre, Film & Music  
Travel  
Volunteer Opportunities

*If viewing electronically,  
[click here](#) for the  
November catalog.*



**Learn more at [SanDiegoOasis.org](https://SanDiegoOasis.org)**







**As we begin the school year, we recognize that administrators and teachers are dealing with unprecedented hurdles. San Diego Oasis Intergenerational Tutoring is here for you and your students, both online and in person!**

## The Benefits of Oasis Intergenerational Tutoring

- Students enjoy one-on-one reading tutoring once per week, throughout the entire school year, with the same tutor.
- Oasis tutors serve students in Kindergarten through 4th grade.
- Teachers choose the students who would benefit most from individual reading tutoring.
- Studies have shown that students paired with Oasis tutors show an increase in reading levels, fewer absences, and more in-class participation.

## You Can Make a Difference

- Oasis tutors meet with their student once per week
- Tutors will arrange a day and time that works within the school schedule.
- The tutoring process remains the same - some Districts are returning to in-person tutoring, while others are requested that tutors connect with their student via Zoom. Regardless, you will change the life of a student.

## For More Information

Contact Kristen Amicone  
Director of Intergenerational Programs | [Kristen@SanDiegoOasis.org](mailto:Kristen@SanDiegoOasis.org)







Connecting the 50+ Community in San Diego County

Engaging Socially & Intellectually | Staying Active & Fit | Investing in At-Risk Students | Empowering Low-Income Seniors

**3000**  
classes and activities to help you  
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**SAN DIEGO OASIS DEPENDS ON  
DONOR SUPPORT: MAKE YOUR  
CHARITABLE CONTRIBUTION TODAY**

Go to [SanDiegoOasis.org](http://SanDiegoOasis.org)  
to make your  
tax-deductible gift today!

**LIFELONG  
LEARNING**

through  
stimulating  
classes

**COMMUNITY  
INVOLVEMENT**

through volunteer  
opportunities

**ACTIVE  
LIFESTYLE**

through  
health  
promotion

## CURRENT GIFTS

### CASH

- Cash gifts (paper bills, checks, credit cards) are deductible at their value up to 50% of the donor's Adjusted Gross Income.
- Can be carried over for five years.

### LIFE INSURANCE

- Make San Diego Oasis beneficiary of your paid-up life insurance policy.

### STOCKS

- Giving stock is advantageous to the donor, especially when stock has significantly increased in value.
- If donor chooses to give appreciated stock to charity, donor pays no tax on the gain and receives an income tax deduction for full value of the stock.

### REAL ESTATE

- Donor avoids capital gains taxes.
- Examples of real estate donations are land, investment property (residential, commercial, industrial), and personal residence.

### VEHICLE DONATION

- Donation of a vehicle is just a phone call away: call (877) 556-2747.

### HONOR SOMEONE SPECIAL | TRIBUTE GIFT

- Honor someone special through a donation in the name of your special person.
- Your tribute will be posted in the next catalog and on our website.

### NEW! CRYPTOCURRENCY!

- San Diego Oasis now accepts donations from a wide selection of cryptocurrency. Simply visit the website and click on the red DONATE button.

## PLANNED GIFTS

### BEQUEST & ESTATE PLANNING

- Gift Oasis a specific amount, a percentage of your estate, a certain asset within the estate, the remainder of the estate, or the entire estate.
- Let us know if you have included Oasis in your estate plan – we want to celebrate you as a Legacy Circle member.

### RETIREMENT ASSETS

- A gift of retirement assets (401(k), 403(b), IRA, pension and other tax deferred plans) is an excellent way to support Oasis' mission.

### LIFE ESTATE RESERVED

- Donor continues to live in their residence, pay the property taxes, insurance, and maintenance costs.
- The donation (the donor's residence) will be received by San Diego Oasis after the donor's passing.

### CHARITABLE GIFT ANNUITY

#### Through The San Diego Foundation

- Our donors can participate in the Charitable Gift Annuity (CGA) program, free of charge.
- CGAs allow donors to give and to get: the donor gets guaranteed payments for life while committing the remainder to Oasis.
- CGAs guarantee payments for donor's lifetime; is especially advantageous when interest rates are low.

### CHARITABLE TRUSTS:

#### REMAINDER, ANNUITY, LEAD

- Donor can set up a charitable trust to benefit the donor and the donor's family while designating Oasis to receive a gift.
- Oasis would receive the remainder assets or certain payments from the trust.
- Requires services of an attorney.

#### Board of Directors

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#### Awards

2020  
Public Health Champion  
award by the County  
of San Diego's Covid19  
Leadership.

#### 2019

Two Impact Awards:  
• North San Diego  
Business Chamber  
• Escondido Chamber

#### 2018

NBC Universal Project  
Innovation Award for  
Technology Efforts with  
Older Adults

#### 2017

Program of Distinction  
Generations United

#### 2016

Excellence Award  
• KUSI  
• Torrey Pines Bank

#### 2014

Charity Navigator  
4 stars out of 4 stars

#### 2013

Gloria Cavanaugh Award  
Excellence in Training  
and Education



November 2021

Dear Oasis Members,

2021 has surely been a year like no other! As we approach year end, **you may be thinking about your end-of-year giving** and reviewing your taxation, especially as it relates to donation write offs. Our financial team of advisors have reminded us that the CARES Act is offering several major benefits for charitable donations. Every donor should understand and maximize their 2021 Charitable Contributions with CARES Act Tax Incentives – **these special incentives may or may not be extended beyond 2021.**

#### Here are the major benefits:

If you itemize your 2021 taxes, you will be able to deduct 100% of your adjusted gross income (AGI) for cash gifts donated directly to your favorite charity. Before CARES Act, this deduction was 60% of AGI. **This means every donor gets 40% more tax deductibility for cash gifts in 2021!** Donors can claim their major gift deduction over five year period, as usual.

If you take the standard deduction, there are also new incentives for cash donations. **Individuals can claim an additional deduction of up to \$300, and couples up to \$600!**

A few notes:

- CARES Act incentives are not applicable for contributions to donor-advised funds or private foundations.
- Cash gift refers to cash, check, and wire transfer.
- Don't wait until December 31, 2021 to write your check, but if you do, make sure the postmark reflects December 31st. Charities must account for their mailed gifts strictly based on the postmark.
- CARES act did not change taxation on any other category of donations (such as real estate, stocks and appreciated other assets). Appreciated assets are still terrific gifts, as they help donors eliminate the capital gains tax.

**We sincerely hope you will consider a donation to San Diego Oasis this year –** we need your support! SDO is a public 501(c)3 charity, which provides the best taxable benefit, allowed by law.

For more information, contact me at (858) 353-0439 or [Jolyn@SanDiegoOasis.org](mailto:Jolyn@SanDiegoOasis.org).

Gratefully,

A handwritten signature in blue ink, appearing to read "Jolyn B. Parker".

Jolyn Parker, VP External Relations, San Diego Oasis

5500 Grossmont Center Drive, Suite 269 | La Mesa, CA 91942 | (619) 881-6262

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Ellen Schmeding

Alejandra Sotelo-Solis

Deborah Szekely

Charles Van Vechten

Bill York

## OUR IMPACT

**1,000**

Oasis Tutors, Mentors, and Volunteers Giving Back

**55,000**

Oasis Volunteer Hours Donated Annually

**48,000**

Oasis Members Engaged

**3,000**

Classes & Activities Each Year

**38**

Years of Advocating for Healthy Aging in San Diego

## LET'S GET SOCIAL



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[youtube.com/user/SanDiegoOasis](https://youtube.com/user/SanDiegoOasis)

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## LEARN MORE

Online | [SanDiegoOasis.org](https://SanDiegoOasis.org)

Call | (619) 881-6262

Email | [Info@SanDiegoOasis.org](mailto:Info@SanDiegoOasis.org)





**2021 GET CONNECTED: TECHNOLOGY FAIR FOR ADULTS 50+**

**THANK YOU FOR ATTENDING!**

### **TECH TALK RECORDINGS**

If you miss any sessions or would like to revisit any of them after the event, we will be posting them to the Tech Fair website.

### **UPCOMING CLASSES**

Visit our website ([SanDiegoOasis.org](http://SanDiegoOasis.org)) for upcoming classes; we add new topics and activities each week.

### **QUESTIONS**

Contact us at (619) 881-6262  
or via email at [Info@SanDiegoOasis.org](mailto:Info@SanDiegoOasis.org)

