

Welcome to Get Connected: Technology Fair for Adults 50+

Presented by San Diego Oasis

Password Overload How the Heck Do I Keep Track and Stay Safe?

A Secure Password System That Works



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Passwords driving you crazy?



There Are No Secrets

- Information Age – The Digital Age
- Deep/Dark Web – Websites full of hackers selling “secret” information and illegal items

Data Breaches

- DOB, Email addresses, Names, Phone numbers, Home addresses, passwords....
- Equifax, Dropbox, Ebay, Houzz, Linkedin....

Robert M Smith Age 69

Current Address

Phone Numbers

(407) 654-0474 - Landline
(228) 497-8163 - Landline
(808) 474-9298 – Landline

Previous Addresses

21 W Delaware St
Ocoee, FL 34761-2728
(May 2010 - Nov 2016)
194 Royal Oaks Dr
Fernley, NV 89408-9710
(Nov 2010 - Jan 2016)
Blue Ridge Park Dr
Hayesville, NC 28904
(Jan 2015 - Jan 2016)

Possible Relatives:

Patricia E Smith, Adrienne J Smith, Amber L Medina, Andrew P Smith, Annette Lavell Smithhill, Beverly A Smith, Christopher E Smith, Clara M Seidle, Corwyn Monta Smith, Darren Smith, Elizabeth K Smith, Florence C Partridge, Gabriela A Paz, James P Smith, James E Smith, Jessica M Smith, Juan L Smith, Kevin G Smith, Kristi L Smith

Dark Web - List of Credit Cards for Sale

CVV.ME News Billing CVV NO CVV SSN Dumps Cart 2 Orders GoathFurry71 \$0.00

Bins +\$0.10

Exp (MM/YY, MMY, MM YY)

City

Bank name

ZIP code

All types

All bases +\$0.10

Search

SALE DOB SSN FULL Clear

Total 758474

Bin	Exp	ZIP	Country	Price	Bank	Base	Valid rate
3767407	02/20	35242	United States	\$9.99	AMERICAN EXPRES...	SUPER-WORLD-MIX(22/2/2018)	100.00%
5475030	08/19	2665 JA	Netherlands	\$17.99	COOPERATIEVE CE...	SUPER-WORLD-MIX(22/2/2018)	100.00%
3717389	12/19	11249	United States	\$9.99	AMERICAN EXPRES...	SUPER-WORLD-MIX(22/2/2018)	100.00%
3782010	04/20	33838	United States	\$9.99	AMERICAN EXPRES...	SUPER-WORLD-MIX(22/2/2018)	100.00%
6011420	01/21	48390	United States	\$9.99	BANK OF AMERICA	SUPER-WORLD-MIX(22/2/2018)	100.00%
4643033	12/18	49253	United States	\$7.99	OLD NATIONAL BA...	SUPER-WORLD-MIX(22/2/2018)	100.00%
5213331	08/18	48239	Albania	\$15.00	SYNCHRONY BANK	SUPER-WORLD-MIX(22/2/2018)	100.00%
3787503	09/19	43612	United States	\$9.99	AMERICAN EXPRES...	SUPER-WORLD-MIX(22/2/2018)	100.00%
4339931	10/20	60123	United States	\$9.99	BANK OF AMERICA...	SUPER-WORLD-MIX(22/2/2018)	100.00%
4313075	09/19	03063	United States	\$9.99	BANK OF AMERICA...	SUPER-WORLD-MIX(22/2/2018)	100.00%
3727192	04/20	92154	United States	\$9.99	BANK OF AMERICA	SUPER-WORLD-MIX(22/2/2018)	100.00%
3727130	09/21	60101	United States	\$9.99	BANK OF AMERICA	SUPER-WORLD-MIX(22/2/2018)	100.00%
3717160	10/22	42420	United States	\$9.99	BANK OF AMERICA	SUPER-WORLD-MIX(22/2/2018)	100.00%
6011007	11/21	49253	United States	\$9.99	N/A	SUPER-WORLD-MIX(22/2/2018)	100.00%
5278281	11/18	63023	United States	\$9.99	BREMER FINANCIA...	SUPER-WORLD-MIX(22/2/2018)	100.00%
4246315	11/18	20180	United States	\$9.99	CHASE BANK USA,...	SUPER-WORLD-MIX(22/2/2018)	100.00%
5594940	07/21	30276	United States	\$9.99	N/A	SUPER-WORLD-MIX(22/2/2018)	100.00%

What You Can Do:

Secure your passwords.
Use an app or learn this system.

(Grab paper and pen.)

Rules for A Safe Password

- 12-14 characters
- Upper and lower case letters
- Symbols
- Numbers

Step 1:

Set aside an hour or two to
conquer your passwords

Step 2:

Make a complete list of all of the websites where you use passwords.

Step 3:

Think of a **phrase** that will be the base of your passwords.

Try for 4-6 words.

Example:

Houston, we have a problem.

You only live once.

Don't believe everything you read.

Dog is man's best friend
One day at a time.
Keep calm and carry on.
This too shall pass.
Better to be safe than sorry
Beyond a shadow of a doubt
No pain, no gain.
Chip off the old block
Early bird catches the worm

Every cloud has a silver lining
Tomorrow is another day.
Houston, we have a problem
Do the right thing.
Honesty is the best policy.
Think before you speak.
Like two peas in a pod
Turn the other cheek.
More bang for your buck
A Penny for your thoughts

Put your best foot forward
Wherefore art thou Romeo
Sight for sore eyes
The Road less travelled
Short end of the stick
The sky is the limit
Tomorrow is another day
Mary, John, Ann are my kids.
Happy wife, happy life.

Step 4:

Write down the **first letter**
of each word.

Capitalize the first word.

Example:

- Houston, we have a problem
- You only live once.
- Don't believe everything you read.

Hwhap

Yolo

Dbeyr

Step 5:

Add a series of **4-6 numbers** that mean something to you.

Example:

- Houston, we have a problem. Hwhap**2035**
- You only live once. **1967**Yolo
- Don't believe everything you read. **9025**Dbeyr

Step 6:

Now choose a symbol to add twice.

@#\$%&()+/

Example:

- Houston, we have a problem. Hwhap2035%%
- You only live once. \$\$1967Yolo
- Don't believe everything you read. 9025Dbeyr&&

That is your **base** password for everything.

Memorize it.

If you must, only write this one down.

Step 7: The Secret

For every website, add **two letters** in the beginning (or end) for that password.

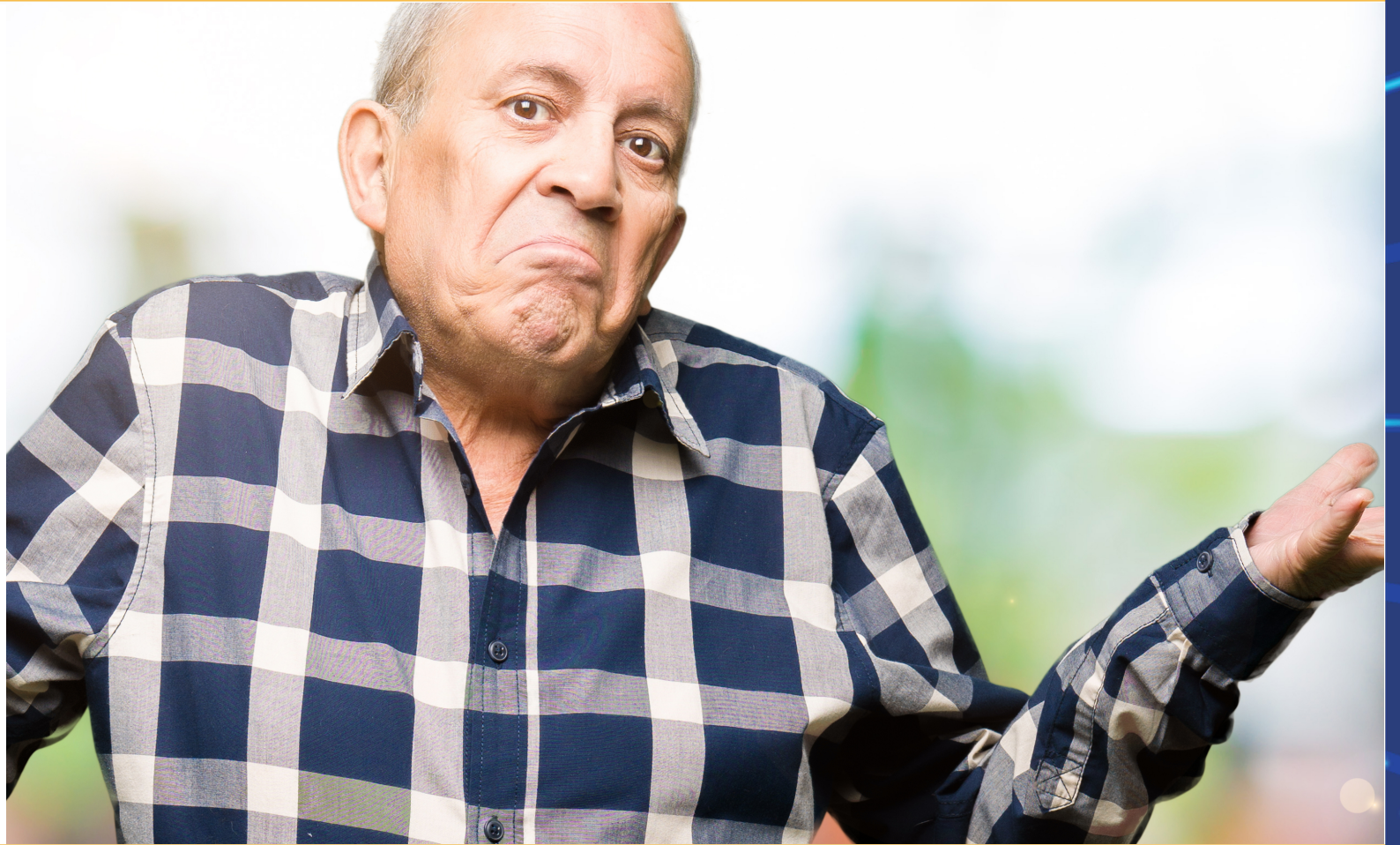
Example:

- **Amazon** Houston, we have a problem. Hwhap2035!!am
- **Bank of America** You only live once. ba\$\$1967Yolo
- **Apple** Don't believe everything you read. ap9025Dbeyr&&

Change All Passwords

- Log into everywhere you have a password.
- Find your **account information** or security setting.
- **Reset** or **change** the password.
- **OR** choose “**forgot password.**”

How?



Start with your bank accounts.

- Some banks limit symbols.
 - Bank of America does not allow !
- Find one that works.

Username

- Write them down if you must. No passwords.
- Use email or same username. Ex. jsmith

Buy it again



Lenny & Larry's The Complete Cookie, White Chocolate Macadamia, 4.5 oz.
\$20.56 ✓prime

Add to Cart



Lenny & Larry's The Complete Cookie, Double Chocolate Chip, 4.5 oz.
\$18.19 ✓prime

Add to Cart



Equus Magnificus German Horse Muffins in Ziploc Pouch
\$24.99 ✓prime

Add to Cart

View All & Manage

Your Lists

New Wish List
New Wish List
Watch bands
Wish List
Create a List
Find a Gift
Save Items from the Web
Wedding Registry
Baby Registry
Friends & Family Gifting
AmazonSmile Charity Lists
Pantry Lists
Your Hearts
Explore Idea Lists
Explore Showroom
Discover
Take the Home Style Quiz

Your Account

Your Account
Your Orders
Your Dash Buttons
Your Lists
Your Recommendations
Your Subscribe & Save Items
Memberships & Subscriptions
Your Service Requests
Your Prime Membership
Your Garage
Your Fanshop
Your Pets
Start a Selling Account
Register for a Business Account
Your Amazon Credit Cards
Your Content and Devices
Your Music Library
Your Amazon Photos
Your Amazon Drive
Your Prime Video
Your Kindle Unlimited
Your Watchlist
Your Video Library
Your Android Apps & Devices
Switch Accounts
Sign Out

Spotlight deals



Prime Day Deal

\$84.99 \$129.99

Save \$45 on Kindle Paperwhite 8GB + \$5 Ki...

See all deals

Don't miss



\$54.99 \$99.99

Low prices on

See all deals



All ▾



It's Prime D

Departments ▾

Your Amazon.com

Prime Day Deals

Gift Cards

Sell

Registry

Help

EN
🌐 ▾

Hello.
Account & Lists

[Your Account](#) > [Login & security](#)

Login & security

Name:

Jacki Montierth

Edit

Email:

jmontierth@cox.net

Edit

Mobile Phone Number:

Add

[Why add a mobile number?](#)

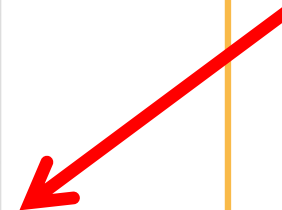
Password:

Edit

Two-Step Verification (2SV) Settings:

Manage your Two Step Verification (2SV) Authenticators

Edit



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San Diego **20** **20** GET CONNECTED:
TECHNOLOGY FAIR FOR ADULTS 50+



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Changing Your Password on Cox.com

1. Click Sign In My Account at the top of the homepage.
2. Sign in with your primary User ID and **Password**.
Note: If you can't remember your **password**, click the Forgot User ID / **Password?** ...
3. Click View My Profile.
4. Under My Profile, click **Password & Security**.
5. In the **Password** section, click Edit. ...
6. Enter your current **Password**.



[Changing Your Password on Cox.com](https://www.cox.com/residential/support/changing-your-password-on-coxcom.html)

<https://www.cox.com/residential/support/changing-your-password-on-coxcom.html>

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That's it.

- You will always know your password.
- No more password book for someone to find.
- Safe from hackers.

Frustration gone.
Passwords secure.





wiseboomer.com

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